

Montag

08:30 – 09:30 (Franziska Beilicke)

LesMILLS
BODYBALANCE

09:30-10:30 (Ilke Atug)

LesMILLS
BODYPUMP

19:00 – 20:00 (Ilke Atug)

LesMILLS
BODYCOMBAT

20:00 – 20:45 (Franziska Beilicke)

LesMILLS
BODYBALANCE 

Mittwoch

08:30 – 09:30 (Marion Zahn)

LesMILLS
BODYCOMBAT

09:30 – 10:30 (Franziska Beilicke)

LesMILLS
BODYBALANCE

19:00 – 20:00 (Ilke Atug)

LesMILLS
BODYPUMP

Freitag

08:30 – 09:30 (Franziska Beilicke)

LesMILLS
BODYBALANCE

LesMILLS



Feel it all.

LesMILLS

Alle Kurse finden im Pfarrheim
Aufkirchen, Pfarrgasse 2,
82335 Berg-Aufkirchen statt.